



LIFTING UP

Bethesda Volunteer Program

ISAIAH
NIV
33:10

**NOW WILL I ARISE, SAYS THE LORD
NOW WILL I BE EXALTED
NOW WILL I BE LIFTED UP**



MISSIONTRIP IN-A-BAG

Customize a volunteer project to fit your needs.

Help make a difference in the lives of people with intellectual and developmental disabilities by participating in a customizable service project.

Want to volunteer in person? Can't serve in person but want to help virtually? The possibilities are endless for meaningful projects!

Some options include but aren't limited to:

- **Be a hands-on volunteer at a Bethesda home or location.** Consider leading a devotion, helping with a project or activity, and more!
- **Volunteer virtually.** If you can't visit a Bethesda location, put together a fun project for the people Bethesda supports.
- **Gather friends, church members or small group** to participate in a service activity or event for those Bethesda supports.

Have an idea and want to use your gifts to serve others? Contact us at Volunteer.Services@BethesdaLC.org to coordinate distribution of projects.