



LIFTING UP

Bethesda Volunteer Program

ISAIAH
33:10

NOW WILL I ARISE, SAYS THE LORD
NOW WILL I BE EXALTED
NOW WILL I BE LIFTED UP



BIRTHDAYBOX

We provide the cake, you provide the party!

Help us celebrate the lives of people with intellectual and developmental disabilities with birthday boxes filled with party essentials.

Gather your friends, family and colleagues to collect items and fill boxes for these spectacular deliveries.

Recommended items to include:

- Birthday card or letter
- Paper plates and napkins
- Balloons, streamers and other decorations
- A small gift – such as a devotion or prayer book, Christian CD, gift card, or movie tickets.

Have an idea and want to use your gifts to serve others? Contact us at Volunteer.Services@BethesdaLC.org to coordinate distribution of projects.