



LIFTING UP

Bethesda Volunteer Program

ISAIAH
33:10

NOW WILL I ARISE, SAYS THE LORD
NOW WILL I BE EXALTED
NOW WILL I BE LIFTED UP



TOP10 NEEDS IN BETHESDA HOMES

Consider collecting much-needed supplies!

Help us support people with intellectual and developmental disabilities in their homes by collecting supplies they need to keep things clean, neat and organized.

Gather your friends, church members, family or colleagues to collect items for people Bethesda supports.

Recommended items to collect:

- ▶ Paper Towels
- ▶ Bath Towels
- ▶ Hand Soap/Sanitizer
- ▶ Glass Cleaner
- ▶ Toilet Paper
- ▶ Wash Cloths
- ▶ Bathroom Cleaning Spray
- ▶ Toilet Bowl Cleaner
- ▶ Facial Tissue
- ▶ Dish Cloths

Contact us at Volunteer.Services@BethesdaLC.org to coordinate distribution of projects.